



## Accelerated Performance Programmes

### Team Integration

- Is your team working critical to the performance of your business?
- When teams merge or change shape, does it take too long to develop a new common identity with working practices?
- Are different teams work together effectively?
- Has downsizing impacted upon the morale and performance of teams in your business?

***Is this your business?...  
then Momenta's Team Integration may be of interest!***

#### What is Accelerated Performance

Management programmes that are delivered in groups, but centred on, and starting with, the individual. In essence, group coaching events.

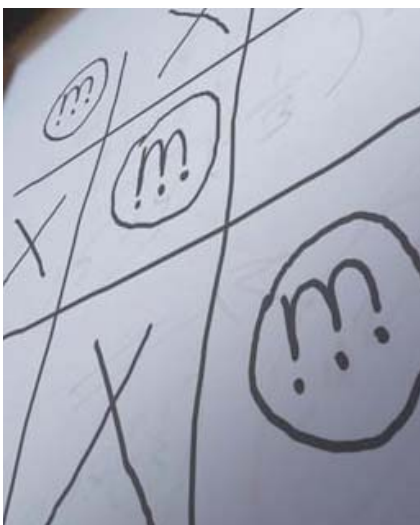
The Team Integration programme has one simple aspiration: to highlight each individual's contribution to their team's effectiveness and bring about greater collaboration and therefore results!

#### How is it relevant to us

Programmes are tailored to the particular challenge the team faces. We then assemble behavioural tools and delivery methods from our resources to create a bespoke programme for you.

#### What makes it different

Our ethos! Our events bring about sustained performance improvement – and bring the best out of people by having fun along the way.



#### The Programme

The programme brings together groups of people (however long they have been working together) to establish more productive and effective team behaviours and process to create a higher performance.

Programmes starts with the individual, asking each person to look at themselves and understand how they relate to people in their team, their internal and external stakeholders.

It then considers the team and how it works, measures its success and communicates internally and externally; how people give and receive feedback so that they can work together to get improved results and create a stimulating working environment.

Events are run both indoor and outdoor, combining intellectual and physical exercises to challenge the effectiveness of the team.



## Programmes are constructed as group coaching events by using a range of tools, techniques and methods:

Techniques	Tools	Methodology
Compelling futures	Momenta ©	Matrix coaching ©
Real Play ©	Behavioural modelling tools	Individual coaching
Case studies	Team Profiling	Group work/team exercises
Work based assignments	Change readiness	Outdoor exercises
What good looks like!	CamCoach ©	On-line coaching
Business Simulations	The Success Tree ©	Telephone coaching
Time Traveller	Performance dynamics modelling ©	Tutorials/master classes
Hot Housing	Team relationship model ©	Facilitated "time out" reviews

### What people say about the programmes

*"Eight months after the event, some of the key discussion points, models and learning materials are still in use – which I believe to be testimony to their utility – the team build event has delivered a level of awareness and has driven our team dynamics and action planning.*

*My team felt it was by far the most challenging but useful management event they had attended in their careers."*

Nationwide

### Case Studies

#### UK Bank:

Momenta were asked to work with a team located on a multi-site basis in the UK to understand how they could improve their effectiveness and relationships with their key stakeholders. The event combined indoor and out door work, centred upon a new working "contract" for the team.


#### Life Company:

This company asked Momenta to bring together a team of remote workers and create an event to establish how they would work together more effectively. The event included behavioural profiling, individual coaching and feedback, personal impact outdoor exercises and business specific exercises.

#### UK Bank:

Momenta was asked to work with the Bank's IT function which had been reformed as a result of a merger of the UK businesses. Team had changed in size and personality and the director wanted to find an way of accelerating their assimilation as a team.

### About Momenta

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Momenta provide quality resource, consulting expertise and people development for financial services companies in the UK.

We work with you to ensure that you can meet today's challenges so as to achieve tomorrow's success.

To find out more about our People Development Programmes, please contact Lillian Hosea on: 020 7374 6600

